







Mastin's School of Martial Arts

November 2008

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<div data-bbox="134 440 317 532" style="border: 1px solid black; padding: 2px;"> Black Tip White Tip </div>	Weapon of the month: Sai	KEEP Working on the Boot Camp Challenge.... only 1 month left 				Blackbelt Class 8:30am Competition Team 12:00pm
<div data-bbox="138 711 306 800" style="border: 1px solid red; padding: 2px;"> Yellow Tip Red Tip </div>	WORD OF THE MONTH: <u>Thankful</u>					Competition Team 12:00pm
<div data-bbox="138 899 306 989" style="border: 1px solid red; padding: 2px;"> Yellow Tip Red Tip </div>		This week we are holding a fundraiser for Hanna Sheppard. She is the daughter of Sensei Gerard Cappiello (New York) Hanna was paralyzed August 19 th 2008 To view her progress, go to: www.caringbridge.org/visit/hannasheppard				Competition Team 12:00pm
<div data-bbox="134 1138 300 1227" style="border: 1px solid green; padding: 2px;"> Green Tip Blue Tip </div>						Competition Team Possible AAU Tournament
<div data-bbox="138 1360 306 1450" style="border: 1px solid green; padding: 2px;"> Green Tip Blue Tip </div>				Happy Thanksgiving Closed	Closed	Closed